## ST. MARY SCHOOL



Volume 19 Issue 4 Web Site: www.st-marysschool.com Oct. 19, 2018

## UPCOMING EVENTS.

- OCT. 24 Mass 1:45 P.M.
- OCT. 25 7th Grade Retreat
- OCT. 10 Mass 1:45 P.M.
- OCT. 26
   No School
   Teacher Fall Conference
- OCT. 29 Spirit Day
- OCT. 31 Kindergarten-First Grade @Deerfield
- NOV. 1 Mass 1:45 P.M.
- NOV. 2 End of 1st Quarter Adoration 1:30 PM
- NOV. 6 Veterans Day 9:30 AM
- NOV. 7 Mass 1:45 P.M.
- NOV. 14 Mass 1:45 P.M.
- NOV. 15 Picture Retakes
- NOV. 19 Spirit Day
- NOV. 21-23 Thanksgiving Recess

Dear Parents & Students,

I am happy to announce that MAP testing is completed, and student reports will go home in the family folders sometime in November. The fall testing window is used as a benchmark for the year and to measure growth against. Please remember that there is always a "summer slide" and some students had trouble adjusting to taking the test on the new Chromebooks.

**Volunteers Needed:** St. Mary School has two events that are looking for volunteers: Can crushing on November 3rd and Christmas Cooke Platter sales in December.

**Can Crushing:** will take place at Ted Casey's farm just south of Walmart (1578 Hwy 65 New Richmond). Please let Don Brown know via email (donaldbrown@hotmail.com) if you are able to help. Crushing will begin at 8:00 A.M. Bring hearing protection, water proof gloves, and wear warm gear. Bags will be on the ground maybe covered with frost or moisture. It will take about 2 hours to crush a ton of cans, and it is quite the process to see!

**Christmas Cookie Platters:** Volunteers are needed to bake and assemble Christmas Cookie Platters. This is a 2 to 3 hour commitment the morning of the Christmas Program. If interested in helping please contact Arlene Tenner (catenner@nwcomm.net) or Christine Charbonneau (lccharb@frontiernet.net).

Both of these events are great ways to complete volunteer assistance hours, meet new people, and help the school.

**Did you know?** The American Sleep Foundation in a recent study learned that only 15% of school age children are receiving the required amount of sleep. Studies show that Preschool age children need 10 to 13 hours of sleep, and children ages 6 to 13 should receive 9 to 11 hours of sleep each night. Listed below are suggestions from the American Sleep Foundation to help your child get the best night of sleep possible:

- Maintain a regular and consistent sleep schedule.
- Have a relaxing bedtime routine that ends in the room where the child sleeps.
- Continue to emphasize need for regular and consistent sleep schedule and bedtime routine.
- Make child's bedroom conducive to sleep—dark, cool and quiet.
- Keep TV, phones, and computer out of the bedroom.
- Avoid caffeine.

Friday, October 26th there will be no school or wrap-around care as the faculty will be attending the Annual Fall Conference hosted and required by the Office of Schools and the Diocese of Superior. This is an opportunity for our teachers to worship together, take workshops, and network with other teachers in the Diocese. We are very fortunate that our diocese hosts such a great professional development opportunity.

Please take notice of two flyers attached to this week's newsletter. One is for the presentation "Sex Trafficking 101". It is being sponsored by Options for Women and will be November 8th at 6:30 P.M. at the Crosswinds Community Church in Stillwater. It is sad to think that this issue is becoming more and more prevalent in our area. The other flyer is for Halloween night and trick or treating at St. Mary School. Stop by for a treat and a prayer!

Blessings,

Mrs. J.



## Please Register to Give Back!

If you shop online and use Amazon please register on AmazonSmile.com to give 5% of your purchase back

to St. Mary School. When searching for the charitable organization please choose Immaculate Conception Parish, New Richmond, WI. All purchases credited to this EIN number will go directly to the school.









Students enjoyed having their Grandparents visit on Grandparents' Day.

These cost you nothing extra and St. Mary School funding is supported by your participation:

- \*Shop on AmazonSmile, smile.amazon.com choose Immaculate Conception Parish
- \*Recycle aluminum cans at our center near Snap Fitness on N. Knowles Ave.
- \*Collect Box Tops for Education labels. Drop off at school.
- \*Recycle printer cartridges. Drop off at school.
- \*Collect Kwik Trip Milk Moola labels. Drop off at school.
- \*Save Family Fresh receipts. Drop off at school.